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The art of managing emotions | Daniel Goleman | WQBI

Daniel Goleman, known for his bestselling books on emotional intelligence, has a long-standing interest in meditation dating back to his two years in India as a graduate student at Harvard. A psychologist who for many years reported on the brain and behavioral sciences for The New York Times, Dr. Goleman previously was a visiting faculty member at Harvard.

Making Sense Podcast #111 — The Science of Meditation ...

Daniel Goleman reported on the brain and behavioral sciences for The New York Times for 12 years. He is the author of several books, including his most recent, " Ecological Intelligence: How Knowing the Hidden Impacts of What We Buy Can Change Everything. " His Web site is www.DanielGoleman.info.

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0-87477-833-6. The Varieties of the Meditative Experience is a 1977 book by American psychologist Daniel Goleman. It was republished under the title The Meditative Mind in 1988. The author, Daniel Goleman, in 2011.

The Varieties of the Meditative Experience - Wikipedia

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Daniel Goleman is an author and Harvard graduate. One of his best-known books is Emotional Intelligence (1995). Goleman ' s interest in meditation began with a two-year trip to India when he was a student. Richard J. Davidson is a psychologist from Harvard and the director of a neurological laboratory in Wisconsin.

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Goleman has also written books on self-deception, creativity, transparency, meditation, social and emotional learning, and the ecological crisis. Goleman has received many awards, including " Career Achievement Award for Excellence in the Media " from the American Psychological Association.

Daniel Goleman - Emotional Intelligence - Strategies for ...

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