

Nutrition Counseling and Education Skill Development: Bauer, Kathleen, Liou, Doreen: Amazon.sg: Books

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Her applied nutrition counseling experiences extend to wellness programs, fitness centers, hospitals, nursing homes and private practice. A major area of interest has been the development of innovative nutrition education programs and materials for the general public and higher education.

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The Academy of Nutrition and Dietetics recognizes the importance of communication skills for practitioners to promote health, disease prevention and treatment. Providing people with information on what to eat is not enough, the RD must also promote and facilitate behavior changes to more healthful food choices.

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The authors' provide a solid foundation of counseling and education principles, opportunities to practice new skills, and knowledge of evaluation methodologies. See details - Nutrition Counseling and Education Skill Development by Kathleen D. Bauer.