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Substance abuse theory. By Timothy Lyons. An overarching idea in the treatment of Substance Abuse and with Substance Abuse Theory is that the longer a person uses drugs the more the brain becomes damaged.

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tobacco, and other drugs
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causes addiction, learn to recognize risk factors for relapse and develop tools for coping with stressful situations. Common techniques include cognitive behavioral therapy, motivational interviewing

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are “drug specific” to the addiction at hand. One size does not fit all. An individual who is addicted to meth should not be treated the same as an individual who is addicted to heroin. The craving or

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tend to play a major role in substance abuse treatments. Their common concepts are extracted and synthesized for the purpose of relating it to the relevant research about how they are applied to the development and

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treatment of addictive behavior.

Applying Cognitive Theory and Therapy in Substance Abuse . . .

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are behavioral explanations for development of substance abuse. - Behavioral factors such as behavioral sequences, situational contingencies, and stressors are analyzed to ascertain the cause of substance

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Conflict theory argues that minorities, the lower class and other marginalized groups are more likely to disproportionately suffer negative consequences as a result of substance abuse.

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theories, including 12-step facilitation, cognitive-behavioral therapy, motivational interviewing, methadone maintenance, and integrated treatment.

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Substance Abuse Counseling:
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readers integrate the various approaches by offering a sample of the types of issues presented when working with this population. An emphasis on special populations includes minority populations, women,

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Authors Lewis, Dana, and Blevins believe strongly that clients differ not only in the specific behaviors and consequences associated with their drug use but also in culture, gender, social environments, physical

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of substance use disorders, and examine how substance use disorder risk factors can be utilized when assessing someone who may have a substance use disorder. The text additionally helps apply

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