

## The Ayahuasca Test Pilots Handbook The Essential To Ayahuasca Journeying

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The Ayahuasca Test Pilots Handbook – Book Review (by Chris Kilham)

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In The Ayahuasca Test Pilot's Handbook, Chris Kilham becomes our great guide in understanding the

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phenomena of ayahuasca, informing and enlightening us on this most personal of plant journeys. Kilham covers the requisite basics of any thorough plant investigation, but also skillfully and reverently handles the concept of communication with 'plant spirit' and describes in detail—and with open-minded humor—the wide range of experiences a human can have on the ayahuasca journey.

~~The Ayahuasca Test Pilots Handbook: The Essential Guide to ...~~

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~~The Ayahuasca Test Pilots Handbook by Chris Kilham ...~~

The Ayahuasca Test Pilots Handbook provides a practical guide to ayahuasca use, aiding seekers in making right—and safe—decisions about where to go, who to drink with, and what to expect. Ayahuasca, the Amazonian psychoactive plant brew, has become vastly popular.

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~~The Ayahuasca Test Pilots Handbook: The Essential Guide to ...~~

The Ayahuasca Test Pilot's Handbook by Chris Kilham 230 Pages "The Ayahuasca Test Pilot's Handbook" by Chris Kilham is a small but information-packed book perfectly sized for travel and guidance.

~~Book Review — The Ayahuasca Test Pilot's Handbook by Chris ...~~

The Ayahuasca Test Pilots Handbook is a candid and at times humorous book packed with important information to help people consciously navigate their way into and through their first experiences with ayahuasca.

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~~The Ayahuasca Test Pilots Handbook | Medicine Hunter~~

The Ayahuasca Test Pilots Handbook is an excellent introduction for those new to the ayahuasca experience and a solid reference for grizzled veterans. Highly recommended! --Dennis McKenna, author of Brotherhood of the Screaming Abyss "Chris Kilham writes convincingly and eloquently about some of his--and

~~The Ayahuasca Test Pilots Handbook The Essential To ...~~

ayahuasca test pilot's handbook Chris Kilham's latest book, The Ayahuasca Test Pilots Handbook: The Essential Guide to Ayahuasca Journeying , provides a practical guide to ayahuasca use, aiding seekers in making right-and safe-decisions about where to go, who to drink with, and what to expect.

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~~Chris Kilham, The Medicine Hunter: The Ayahuasca Test ...~~

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Chris Kilham, author of *The Ayahuasca Test Pilots Handbook: The Essential Guide to Ayahuasca Journeying*, described an ayahuasca voyage as joyful but difficult. The substance often causes prolific vomiting, sometimes compared to a literal purging of whatever is troubling the mind, heart or spirit of the participant.

### ~~Ayahuasca Monologues Reveal Pain And Healing In New York ...~~

The *Ayahuasca Test Pilots Handbook - The Essential Guide to Ayahuasca Journeying* is dedicated to Kilham's wife, Zoe Helene, and to the late Ipujiara, Bernardo Dias Peixoto, a shaman. Kilham's Ayahuasca Monologues have been described as a "psychedelic TED talk" and "Insightful, funny, wild, and totally real".

### ~~Chris Kilham - Wikipedia~~

Ayahuasca, a hallucinogenic tea brewed from leaves of a shrub that grows in South America, could stimulate the growth of new brain cells. ... *The Ayahuasca Test Pilot's Handbook: The Essential ...*

### ~~Ayahuasca Benefits: What Is Ayahuasca, What It Does to ...~~

Over that span, he has become one of the foremost advocates for the healing benefits of the ayahuasca space, and has recently compiled a comprehensive introduction to the experience in *The Ayahuasca Test Pilots Handbook*. Kilham approaches ayahuasca from a perspective of ultimate respect, and often refers to the plant brew by its most reverential and descriptive name, La Medicina.

### ~~Is Ayahuasca Right for You? - Utne~~

Finally, after 25 years of incubation, Peter Gorman's book is out. *Ayahuasca in My Blood - 25 Years of Medicine Dreaming* concerns his longstanding relationship with the Amazonian visionary medicine. Here's what people have said about it: "Unlike many writing about ayahuasca, Peter Gorman knows this plant and these forests long and well.

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Through his "Ayahuasca Test Pilots" program, Kilham has brought numerous people to the Amazon to engage in ceremonies with maestro ayahuasceros. Clear, concise, straightforward, and well informed, *The Ayahuasca Test Pilots Handbook* is an indispensable guide for anyone curious about this unusual plant medicine.

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