

Your Daily Bread

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~~Your Daily Bread~~

Throughout the pandemic, Our Daily Bread Ministries never quit feeding people in need. “We will serve anybody dinner, anytime. They don’t have to bring any identification, it’s just a matter of if you ...

~~Our Daily Bread working to open shelter~~

The study of middle to older-aged adults found that eating foods such as whole-grain bread ... grains daily, much more than is recommended, so it's important to think about ways to replace refined ...

~~Time to switch to brown bread? Eating just three portions of whole grains a day can reduce your waist size, blood pressure and blood sugar levels, study finds~~

When opting for a store-bought bread, here are the most common ones you'll find, ranked from the worst to best.

~~The Best & Worst Bread in America in 2021—Ranked!~~

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Here's why you should bid a final farewell to the tasty white bread in your kitchen and replace it with a healthier option.

~~Dangers of Eating White Bread — From Diabetes to Obesity, Side-Effects of White Bread Explained~~

Jim and Lisa Challenger at Blue Moon Farms. At the height of the pandemic last spring, avid bread baker Jim Challenger and his wife, ...

~~For The Love Of Bread~~

How to Counterbalance Your Diet for Indulgences Written by Fritz Nugent Last weekend, I went to a BBQ on Saturday and ate two cheeseburgers, a bratwurst, two hot dogs, a bunch of bread dipped in ...

~~How to Counterbalance Your Diet for Indulgences~~

A viral Twitter poll posed a controversial question concerning correct dining etiquette: “Isn’t it very tacky for someone to eat the free bread as soon as you get it?” ...

~~Woman’s controversial take on restaurant bread is met with puzzlement on Twitter: ‘Stupidest thing’~~

New York Times columnist David Brooks says there are two kinds of virtues: those that look good on a résumé and those you want said at your funeral. Sometimes these overlap, though often they ...

~~Your Eulogy~~

Looking to lower your cholesterol? A registered dietitian shares which breakfast food can help lower your cholesterol quickly.

~~The One Breakfast Food To Eat To Lower Your Cholesterol~~

Their yard, which adjoined our smaller one, included a chicken coop directly across from our kitchen door, and a large fenced area for the chickens to enjoy themselves. My conscience compels me to

...

~~Of All Things: Any chickens in your yard?~~

"How do you make an old-fashioned milkshake?" Oh, how the ice cream churns these hot July days. Thank you to Bobbie Jones of Soddy-Daisy for this unique recipe, prepared in her White Mountain freezer.

~~How to make Sourdough bread from start to finish, Sloppy Joes and Homemade Banana Split Ice Cream~~

Bread Zeppelin offers 12 signature salads—served in a bowl or in a cored-out, fresh-baked artisan baguette—as well as build-your-own options.

~~Bread Zeppelin expands franchise to City Place in Spring~~

Steepest bread and diesel price hikes went into force in government-held parts of war-torn Syria on Sunday, bringing more pain for civilians in a long-running economic crisis. Damascus has repeatedly rai ...

~~Syria Govt Raises Bread, Diesel Prices as Crisis Deepens~~

Panera launched a collection of swimwear called Swim Soup on July 8, so you can rep broccoli cheddar and bread bowls on your beach day.

~~Panera Launched A Swim Collection That Includes A Bread Bowl Pool Float~~

Heena Masuriya wants to raise funds for Support A family's sole bread-earner, a daily wage worker Ramesh Kumar Meghwal's Treatment. Your donation has the power to help them move closer to their goal ...

~~Support A family's sole bread-earner, a daily wage worker Ramesh Kumar Meghwal's Treatment~~

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There's no better place to buy fresh, local produce than a farmers market. Houston has many, but not all are created equal. Over the past six months, I visited more than 30 farmers markets in the area ...

~~Your definitive guide to Houston's farmers markets~~

From July 2 through July 4, vaccinated Panera Bread customers can receive a free bagel daily, while supplies last.

~~Free bagels! Panera Bread offers daily incentive to vaccinated guests~~

If you have received your COVID-19 vaccine, you can get a delicious breakfast treat for free this weekend. On Wednesday, Panera Bread announced that anyone who has chosen to get the COVID-19 vaccine ...

~~Panera Bread giving free bagels to vaccinated customers~~

A viral Twitter poll posed a controversial question concerning correct dining etiquette: "Isn't it very tacky for someone to eat the free bread as soon as you get it?" ...

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